

All Church Book Read on Climate Change

Upcoming Sessions this October 2016

Rev. Dr. Kristen Harper and Susan Starkey will co-facilitate as we read ***Active Hope: How to Face the Mess We're in Without Going Crazy*** by Joanna Macy and Chris Johnstone.

Please mark your calendar as the dates have shifted. We'll meet four times, on Friday evenings from 7:00-8:30pm. in the Library on

- 10/7
- 10/14
- 10/28
- 11/4

Register with Grace in the office, or Susan Starkey at Coffee Hour. You can purchase a book for \$14.

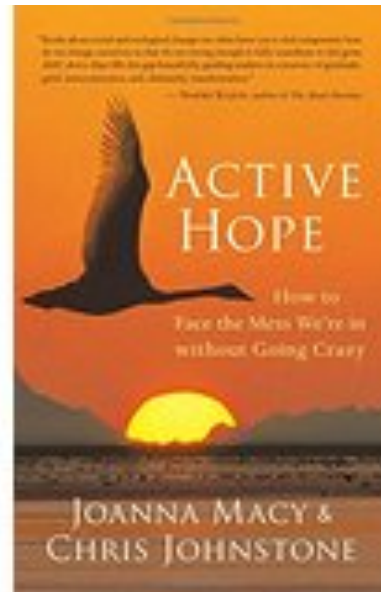
If you want to know what ACTIVE HOPE is, read this part of the Introduction: "Active Hope is about becoming active participants in bringing about what we hope for [and it involves three steps]:

1. Taking a clear view of reality;
2. Identify what we hope for in terms of the direction we'd like things to move in or the values we'd like to see expressed;
3. Take steps to move ourselves or our situation in that direction."

What is unique in this book's approach is something Joanna Macy calls "Seeing With New Eyes": discovering ways to shift our perception, empowering us to be a part of the great transformation that is possible in our time.

The authors are:

Joanna Macy, PhD, a scholar of Buddhism, general systems theory, and deep ecology.



She interweaves her scholarship with five decades of activism and is also a translator of Rumi's poetry. Dr. Chris Johnstone is a specialist in the psychology of resilience, happiness and positive change.

By reading the book with a group of like-minded people, and by participating in experiential activities and exercises, the individuals in this group become able to identify and explore what inspires, troubles, and supports them. They share their fears, successes, grief, dreams and visions. They explore their own unique contributions they can make in the healing of our world.

Every week everyone in the group read some of the book at home and also met up with a 'buddy' to share responses to the reading.

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Sponsored by the Green Sanctuary, in support of our goal to involve all of UCB in Climate Justice.